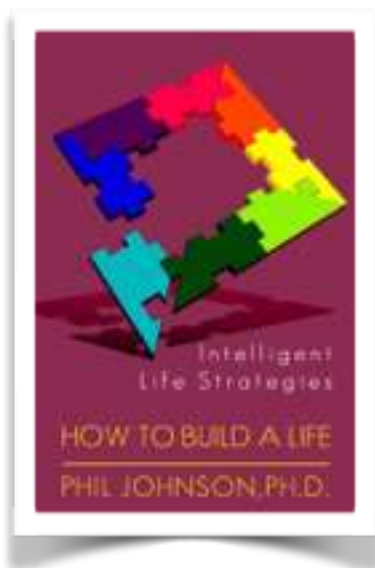


# How to Build a Life

## Intelligent Life Strategies

(Course Requirements)



### Course Description:

Subject Area: Personal and Leadership Development

Course Title: "How to Build a Life: Intelligent Life Strategies"

Course Number: GN1003

Course Location: Germany, Czech Republic

Course Credit: 1.0

### Major concepts/content:

The purpose of this course is to help students examine the foundations necessary to build and strategize an effective and meaningful life. Emphasis will be given to identifying one's passions, worldview, strengths. In addition, emphasis will be placed on developing leadership skills specifically in an ever-changing global culture.

### Course Objectives:

- To recognize the foundational ownership of your life - You or God?
- To identify the purpose of your life.
- To develop and identify your fundamental worldview of our life and purpose.
- To identify your primary passions for expression, groups and issues.
- To rethink your understanding of strengths and weaknesses.
- To identify primary themes and strengths in your life based on Tom Rath's book, Strength Finder 2.0.
- To improve your ability to connect with people.
- To consider your life's priorities and make appropriate adjustments.
- To recognize the elements of a good, impressive resume and job interview.
- To improve your ability to make decisions.
- To adjust your ability to predict (and then strategize) what really indicates your future success.

### Course Requirements:

1. Read two (2) of the books listed below and submit a one-page critique for each. (The critique should be typed, double-spaced and include a brief summary of the book as well as your reaction/response to the book. Book choices represent a wide variety and require discerning and critical reading. Please seek the approval of your school and parents before reading these books. Global Next Leadership Institute does not endorse everything in every book. Substitute books may be chosen but must receive prior approval from GNLI.)

- Bolles, Richard. (2010) What Color is Your Parachute? New York: Ten Speed Press, 2009.
  - Buckingham, Marcus. (2007) Go Put Your Strengths To Work: 6 Powerful Steps to Achieve Outstanding Performance. New York: Free Press.
  - Covey, Stephen (2004) Seven Habits of Highly Effective People. New York: Free Press.
  - Harris, Alex and Brett. (2008). Do Hard Things: A Teenage Rebellion Against Low Expectations. Colorado Springs, CO, Multnomah Books.
  - Rath, Tom. (2007) Strength Finder 2.0. New York: Gallup Press.
2. Participate in leadership training while on the trip. This includes:
- Attention during classes.
  - Completion of the training workbook.
  - Participation in class discussions, small-group discussions and cultural activities.
  - Completion of Post Card Project (explained during conference.)
  - Participation in interview project.
  - Journaling while on the trip.
3. Post-conference Project. You may complete one of the following. (Please note that all projects must relate to the cultural and leadership aspects of the program.)
- A 5-7-page, typed research paper on a topic related to your leadership trip. (Typed, double-spaced, minimum of five (5) sources, topic of your choice as long as it related to the trip and leadership.)
  - A video project. (Minimum of 4 minutes in length, maximum of 8 minutes)
  - A photo journal (Submitted in PowerPoint or Keynote format. Minimum of 30 slides. Must include slides and texts integrating the sites, cultural and leadership principles.)

**Additional Notes:**

- All written work and projects are due within 30 days of the conclusion of the international conference.
- Students who opt for high school credit will receive a transcript of study reflecting their grade and credit award. This should be given to your school's registrar for inclusion on your permanent transcript. If you are traveling with a group, the transcript will be sent to your group leader.
- Students who opt to "audit" this course will also receive a transcript of study, but no grade or credit award give be given.
- All written assignments, video projects and presentation projects must be submitted via email to: [info@globalnext.org](mailto:info@globalnext.org) If files are large, please use an online file sender such as [www.hightail.com](http://www.hightail.com)
- Assignments will not be returned to students. Please retain a copy for your records.
- For questions, please contact Dr. Phil Johnson, and Leadership at: [info@globalnext.org](mailto:info@globalnext.org) or 214.733.6577