"JUMP YOUR SHADOW" DOING BRAVE THINGS IN A BROKEN WORLD

Everyone has a life – not everyone makes the jump. How will you strategize a life that's worth living in a world that needs brave people and uncommon leaders?



To "jump your shadow" is to get out of your comfort zone, get past your fears and bad habits and achieve your dreams – dreams that can impact our world. This course will help you:

- Understand why you might miss opportunities to live a bigger life.
- Recognize why smart people are afraid to take risks.
- Identify specific strategies to get past your fears and bad habits so that you can "jump."
- Recognize and develop your intrinsic motivation.
- Become more creative.
- Assemble a "jump team" to help you achieve your goals.
- Start again after failure or disappointment.



• "Opportunities, Fear and Intelligence" In this session we will discuss why we miss so many opportunities to impact our world and why intelligent people fear risk!

Doing Brave Things in a BROKEN World

- "Jumping Your Shadow" Every potential "shadow jumper" should ask the "what, for whom and where" of his jumps. This session will help you strategize a bigger life. We'll also take a look at others who have jumped big!
- "Motivational Forces" What makes you jump? Learn surprising facts about "intrinsic" motivation and how to put your motivation into high gear!
- "Your Jump Team" Jump alone if you must, but it's better to jump with others! This session will help you assemble the right people for the job!
- "Dreaming, Finishing and Surviving" In this session we'll discuss increasing your creativity as well as how to survive procrastination, disappointments, and keep jumping through life!

DR. PHIL JOHNSON

Dr. Phil Johnson is the president and founder of Global Next Research Group and Leadership Institute. He has conducted research and hosted conferences throughout the US, Europe and the Middle East. Thorough insight and humor, he changes the way people think about life, leadership and purpose.

