



WHAT TO BRING AND WHAT TO KNOW!

Please read carefully!!

HIGHLIGHTS FOR YOUR LEADERSHIP CONFERENCE:

- Don't forget your leadership workbook / journal. And bring a pen!
- Don't forget to set aside some money in advance for tips (for our bus drivers and local guides). (Global Next suggests \$20-\$25 for tips). These will be collected by your group leader and given to Dr. Johnson to distribute. If possible, convert the dollars into the local currency.
- You MUST bring an umbrella / rain jacket. We won't stop any activity for rain.
- Leaders prepare for every possibility and do not make excuses, so make sure you have a way to ensure you wake up and are on time.
- If you're taking this for high school credit, please read over the course requirement information. It can be found at a link at the bottom of each itinerary page on our website (<https://globalnext.org>) If there are any questions, please contact Global Next at info@globalnext.org
- Some airlines charge for checked baggage. Usually this does not apply to international flights, but please check with your airline to prepare for this expense if it applies.

Packing Tips:

- Traveling abroad is best experienced if you travel light. **This cannot be stressed enough!** You can only bring one suitcase (no more than 50 pounds or 23 kg) and one carry-on. One **medium sized** suitcase and a backpack or small duffel bag to carry on the plane is sufficient. **Super-sized suitcases are a bad idea!** Unquestionably, you are better off packing light, and having to purchase something you need overseas, then over-packing.
- Since airline regulations continue to change, make certain that you double-check all details regarding your flight requirements including luggage limitations. **(For example, currently you can carry liquids on planes as long as they do not exceed 3.4 ounces and fit into a quart-sized clear plastic bag.)**
- Allow extra room in your luggage for any gifts or souvenirs you purchase abroad. Airlines are now strict regarding carry-on luggage.
- We suggest that you write your name and address inside of your suitcase. A approved TSA lock is a good idea for additional security; as is keeping a record of your suitcase's contents.
- Put things you might need on the first day into your carry-on. Make sure to keep your money and passport with you during the entire trip. Passports are required to enter any of our international conferences. (According to your group leader,

passports may be collected and kept in a safe place in the hotel until the conclusion of our conference.) **Make a copy of your passport to put into your suitcase and another copy to give to your school group leader.**

- In the weeks before departure, check the weather for your destination cities and pack accordingly. Weather can be unpredictable. <https://weather.com>
- Pack comfortable and light clothes so you can dress in layers. Bring comfortable shoes for shopping and sightseeing. There will be considerable walking on your trip, so make sure that your shoes have been broken in.
- Bring at least two shirts with sleeves and two pants. You cannot wear shorts, sleeveless shirts, lowcut shirts or anything remotely immodest inside most of the churches, cathedrals, or on the Temple Mount in Jerusalem. Consider sweaters, jackets, and layering your clothes, depending on the season of your travel. Some days begin cooler and then warm up, but evenings can get cool again, even in spring.
- Pack a washcloth, since some European hotels do not provide one.
- A rain parka and collapsible umbrella are also good items to pack.
- Most European countries, including the UK have a current of 220 or 230 volts AC. Israel's voltage is also 230. But not all countries have the same electrical outlet type. This website will be helpful: <https://www.worldstandards.eu/electricity/plug-voltage-by-country> Most hardware or large chain retail stores carry sets of adapters for international travel. Since bathroom appliances tend to be bulky, you may want to share them. Many European/Israeli hotels have hairdryers in the rooms, so make sure you check your room for one before using the one you bring along. In some countries (the UK, for instance), you may also need a converter to use your hairdryer, or it will burn out upon use.
- Don't forget toiletries, camera, hat, and sunscreen SPF-20 or more. (Sunscreen applicable for summer trips and those with very fair skin.)
- If you take a prescribed medication, you must provide your group leader with a copy of the prescription (for minors only). Do not mix medicines in the same bottle. It is very important to check with your doctor regarding your medication and any health concerns you may have prior to your trip. Be certain that medication is clearly marked and appropriately prescribed!
- Be prepared to be on time -- have a watch, cell phone, or other way of knowing what time it is.
- Don't forget your Bible (or Bible app), a pen, and your leadership notebook.

Money Matters:

- You might consider bringing a money-belt. Travelers must be aware of pickpockets. They are very good!
- Extra money is recommended for soft drinks (water is provided with your meal), snacks, souvenirs, and a tip for our drivers/guides (about \$20 / person). Do not take any unnecessary valuables!
- **ATM's and debit/credit cards are unquestionably the best way of money exchanging and making purchases.** (Debit cards must be associated with a checking account, not a savings account) ATM's are all over Europe, UK, and Israel and usually give the best exchange rate. Be certain to notify your bank or credit card company of your plans to use cards out of the country to ensure that

you will be able to use your card while traveling. Banks and credit card companies sometimes block cards if they notice that they are being used in a far-off location. And don't forget your PIN #! Other options are to take U.S. dollars and exchange them (don't carry very much cash). We do not recommend using American Express Travelers Checks or pre-paid VISA gift cards, which can be difficult to use from time to time.

- It's a good idea to have a few Euros, British Pounds, or Israeli Shekels in your pocket before the trip - depending on your trip destination. You can exchange some money at the airport or at your bank before you leave. But the best exchange rates are always found in our destination country.
- There will be opportunities to keep in contact with home via the Internet and cell phones while on the trip. Most travelers bring and make use of cell phones. Please be aware that data roaming fees and international calling rates can be high. It is a good idea to check with your cell phone provider prior to departure. Most of our hotels have Wi-Fi available for your use.

Miscellaneous Matters:

- Make certain that your bill is paid in full no later than 60 days prior to departure. Late fees and possible trip cancellation policies will be in effect. Call the Global Next office at **214.761.8500** if you have any questions.
- Remember that Global Next behavioral standards include the following:
 - No alcohol or tobacco purchase or consumption for anyone during the trip.
 - No profanity.
 - Boys and girls are not allowed in opposite sex rooms.
 - No students are allowed in the hotel rooms of other students, only in their designated room.
- It will be the responsibility of the school leaders to provide student discipline on the trip. School representatives must know the whereabouts of students at all times. Students not abiding by Global Next's policies and/or school rules may be sent home by the school group leader at the student's expense.
- During free time, students must be in groups of three or more. Free time will generally include your lunch break.
- Participation in all educational and group activities is required by all conference participants, including adult chaperones and travelers.