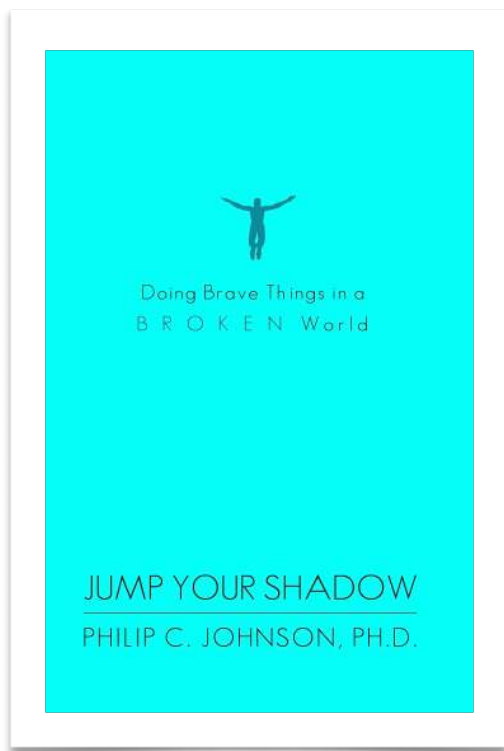




Jump Your Shadow

Doing Brave Things in a Broken World
Edinburgh, Scotland



Course Description:

Subject Area: Personal and Leadership Development

Course Title: *"Jump Your Shadow: Doing Brave Things in a Broken World"*

Course Number: GN1004

Course Location: Edinburgh, Scotland

Major concepts/content:

The purpose of this course is to help students examine the foundations necessary to live an effective and influential life with an emphasis on taking risks, building teams, overcoming fear and making choices. Emphasis will be placed on developing leadership skills specifically in an ever-changing global culture.

Course Objectives:

1. To recognized opportunities to lead in a complex world.
2. To understand the social science behind how leaders miss opportunities to impact others with their leadership skills. (Specifically the connection between expectation and opportunity recognition.)
3. To examine issues of fear and how fear impacts one's choices to lead and take risk.
4. To develop strategies for overcoming fear when making life and leadership choices.
5. To recognize types and styles of "jumpers" ("Jumpers" refers to those who are attempting to lead at a higher level.)
6. To develop an ability to look at life, choices and leadership in a larger, more

effective way.

7. To analyze the issue of biological, extrinsic and intrinsic motivation.
8. To develop strategies to increase one's intrinsic (internal) motivation. (The motivational forces that drive us towards long-term impact and success.)
9. To develop strategies to build effective teams.
10. To increase one's ability to be creative and innovative in the world of leadership.
11. To recognize the elements necessary for completing tasks and projects and overcoming procrastination.
12. To analyze the characteristics and contributions of historic figures who overcame fear and other obstacles and left a legacy of leadership.
13. To discover strategies for overcoming failure and disappointment.

Travel-Educational Integration:

This course is a combination of classroom lecture, multimedia presentations, group discussions, cultural site visits and cultural immersion. The overriding purpose is to integrate natural lessons from the programs geographical location into the practical considerations of life and leadership development.

Course Requirements:

Two books are required for this course.

Both will be provided to you approximately 30 days prior to departure for this program. You will be required to write a one-page critique for each book. You will also be required to complete the online assessment found in the book *Strength Finder 2.0*.

1. Johnson, Philip C. (2019) *Jump Your Shadow: Doing Brave Things in a Broken World*. (ISBN-13:978-1078349901)
2. Roth, Tom. (2007) *Strength Finder 2.0* (ISBN-13:978-1595620156)

- Students are expected to participate in class discussions, small-group discussions and training activities.
- Students are expected to complete daily journaling assignments while on the trip. (Certain topics may be assigned for student writing and reflection.)
- Students are expected to participate in an assigned interview project. (Students will be divided into group to conduct surveys/interviews with locals regarding topics related to our course content and current geopolitical issues.)
- Post-trip Project: You must complete either:
 - A 5-page, typed (double-spaced) research paper on a topic related to the leadership, cultural and geopolitical aspects of the program. (Minimum of three (3) sources are required) **Or,**
 - Complete a photo journal or video presentation instead of the paper.
 - A. This may be created with a PowerPoint or Keynote Presentation or submitted as a video.

- B. You must include photos/visuals from the trip along with commentary about the culture, the course, leadership insights and geopolitical lessons gathered from your experience.
- C. The number of slides should be between 25 and 30.
- D. A video presentations should not exceed 5 minutes.

- **Grades will be affected for students who submit work that does not adequately include leadership, cultural and geopolitical insights from the conference course in their final product.** Global Next also encourages creativity.
- Make sure to include your name and your school's name on all submitted work.

DUE DATES:

Pre-trip reading, written work as well as the post-trip project must be submitted no later than 40 days after the conclusion of the trip. It is not required to complete the course reading prior to the conference.

All work should be submitted electronically to Ms. Bethanie Kuzma, Global Next's Administrative Group Coordinator and Course Work Evaluator at bethanie@globalnext.org. For course-related questions, please contact Ms. Kuzma via her email at: bethanie@globalnext.org

Course Instructor:

Dr. Phil Johnson is the founder and president of Global Next Research Group and Leadership Institute. Dr. Johnson possesses a master's degree in education and a Ph.D. in international relations. Dr. Johnson has spent more than 25 years working in education and geopolitics, including classroom instruction, administration, program design, and the development and the creation of accelerated study abroad programs. He is a published author and frequent conference speaker at national and international events.